



Wyomissing Area School District

WELLNESS COMMITTEE INVITATION

11/1/2021

Dear Potential Participant,

We are inviting you to be a part of the Wellness Committee. The Wyomissing Area School District recognizes that good nutrition and regular physical activity affect the health and well-being of our students, including their ability to learn. We are looking for WASD employees, parents, and community members in forming a Wellness Committee. We will be meeting in **January 2022** to review the current wellness policy for the district, to discuss how Wyomissing is meeting the goals of this policy, and to set next steps for us to continue to encourage our students to be healthy and ready to learn.

The student wellness program will involve planning, building, promoting, and assessing a variety of nutrition and physical activity program components for the students at Wyomissing Area School District.

Please email Director of Food Service, Dariely Marrero, at dmarrero@wyoarea.org or 610)374-0739 ext.1118 if you are interested in being a part of this committee and feel free to forward on to any community members or local businesses who might have interest in joining as well?

Thank You,

Dariely Marrero